	D		Consul Lorente			
Beverages			Casual Lunch			
Coffee			(11:00 am - 3:00 pm daily)		同的名名同	
Brewed		12 OZ) 2.52 16 OZ) 3.25	SALADS			
Café au Lait Cold Brew		3·75 5.00	Caesar Salad Romaine parmesan croutons homemade dressing	13		
Espresso			add grilled chicken +3.00			
Doppio Macchiato Americano	double shot double w/dollop of foamed milk double w/hot water	3.7° 3.9° 4.°°	Quinoa Salad Tri-colored quinoa cucumbers almonds red onion cranberries honey-lemon dressing	13		
Cubano Black Eye	double w/brown sugar and milk double w/hot coffee	4.25	add grilled chicken +3.00		Our History	
Cappuccino Latte Mocha	double w/100 conee double w/2 oz milk, 2 oz foam double w/10 oz steamed milk double w/dark chocolate and milk	3.9° 4.0° 4.75 5.25	QUICHES Quiche with side salad	14	Before & After opened on Sperryville's Historic Main Street in	
Specialty Espres Turmeric Lavender Honeysuckle	So Drinks Cardamom Maple Rosemary Spicy Mocha Cinnamon-Honey Black Bear	5·5°	Spinach feta garlic Quiche Lorraine with bacon gruyere Mushroom gruyere LUNCH / PANINIS		November 2015. Our goal is to provide the residents of Rappahannock County and its guests a comfortable place to meet and converse, while enjoying carefully crafted drinks, baked goods, and meals.	
extra espresso shot - 1.50, flavor shot75			Grilled Cheese		C .	
almond or soy milk75, hemp or oat milk – 1.85		5	Muenster provolone cheddar	Ю	We are particularly proud to operate in an historic building that has been	
Specialty Tea Drinks			•		home to some important individuals.	
Matcha Latte "Chuck Hunter" Masala Chai		5.25 5.25 5.00	Smoked Ham and Swiss Ham swiss honey mustard croissant Tarragon Chicken Salad Sandwich Chicken tarragon grapes celery pecans red onion cayenne mayo croissant	12	Built in 1857, 31 Main was the home and business of well-respected African-American families including James Arthur Engham and James Russell.	
House Teas so	London Fog buse Teas see Tea Menu for hot and iced teas lian Soda see Flavor Menu			13		
Breakfast (8:00 am - 11:00 daily)			Turkey Fig Panini Turkey brie caramelized onions greens fig chutney	14	We hope you enjoy your visit to <i>Before & After</i> . We encourage you to	
Breakfast Quesadilla Cheddar pepper jack pico de gallo		6.50	Pesto Chicken Panini Chicken green pepper pepper jack red onion pesto	14	grab a coffee <i>before</i> you hit the trails and stop back for a glass of wine <i>after</i> your adventures.	
with bacon, sausage, or chicken +1		8.50	Turkey Reuben Panini Turkey Sauerkraut Swiss Thousand Island	14	HOURS	
Local fresh eggs sausage or bacon cheddar croissant on a savory scone +1.50 bacon +1.50			Turkey BLT Turkey bacon lettuce tomato mayo whole grain bread	14	Monday 8:00 am – 3:00 pm	
Breakfast Burrito Local fresh eggs seasoned pork flour tortilla pico de gallo black beans pepper jack cheddar cheese		9.50	Roast Beef Panini Sliced top sirloin swiss caramelized onion mayo horseradish mustard	15	Tuesday 8:00 am - 3:00 pm Wednesday 8:00 am - 3:00 pm Thursday 8:00 am - 3:00 pm Friday 8:00 am - 3:00 pm	
Quiche (served all day), comes with side salad Spinach feta garlic Quiche Lorraine with bacon gruyere Mushroom gruyere		14.00	All paninis served with Route 11 chips and pickle. Gluten-free bread substitute + 1.25		Saturday 8:00 am – 3:00 pm Sunday 8:00 am – 3:00 pm 8:00 am – 3:00 pm	